

### Client Intake Form

#### Personal Information

First Name: \_\_\_\_\_ Last Name(s): \_\_\_\_\_

Preferred Name(s): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

How did you hear about us? Who referred you? \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Relationship to you: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

#### Massage Experience

Have you had a professional massage before?  Yes  No

What are your goals for treatment?  Relaxation  Pain Management  Other: \_\_\_\_\_

#### Current Health

Do you exercise regularly and/or participate in any sports? What kind of exercise/sports?  Yes  No

Do you perform any repetitive movement in your work, sports or hobby? Describe:  Yes  No

Do you sit for long hours at a workstation, computer, or driving? Describe:  Yes  No

Do you experience stress in your work, family, or other aspect of your life?  Yes  No

Are you experiencing tension, stiffness, discomfort, or pain? Describe:  Yes  No

Have you recently had an injury, surgery, or areas of inflammation? Describe:  Yes  No

Do you have sensitive skin? Explain:  Yes  No

Do you have any allergies to oils, lotions, or ointments? Explain:  Yes  No

Have you recently had a tattoo or piercing? Explain:  Yes  No

List any medications you are currently taking: \_\_\_\_\_

### Health History

Please indicate if you have any problems in any of the following areas:

Muscles and Bones	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Skin	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Circulatory	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Respiratory	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Nervous System	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Psychological	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Are you pregnant?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:
Other	<input type="checkbox"/> Yes <input type="checkbox"/> No	Explain:

### Client Agreement and Cancelation Policy

It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success or effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, examination, or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status. I am responsible for all charges for all service provided at the time of service.

I understand that I will be charged for the full cost of the service if I do not cancel my appointment 24 hour in advance or if I do not show up to my appointment.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent or legal guardian (if client is a minor)